



May 2024

7:11:33 PM

Thursday, April 18, 2024

K-8 1

11390 /

West Village Academy Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Cereal WG Goldfish Grahams WG (19) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	2 Soft Filled Bread WG (41) Apple Slices 1pkg 1/2c (7) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	3 Muffin 2g-WG (31) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)
6 Breakfast Bread Slice WG IW (15) Applesauce Cup 4.5 oz (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	7 Mini Cini -(Cold)WG (40) Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	8 Cereal WG Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	9 Bagel w/Cream Cheese (34) Apple Slices 1pkg 1/2c (7) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	10 Benefit Breakfast Bar WG (48) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)
13 Waffle, Belguim WG Applesauce Cup 4.5 oz (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	14 Crunch Bar - WG Variety Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	15 Cereal WG Goldfish Grahams WG (19) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	16 Oatmeal Round WG (38) Apple Slices 1pkg 1/2c (7) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	17 Muffin 2g-WG (31) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)
20 Bagel WG IW (29) Cream Cheese (1) Applesauce Cup 4.5 oz (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	21 Granola 1 oz (20) Yogurt 4oz- Trix (15) Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	22 Cereal WG Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	23 * Closed *	24 * Closed *
27 * Closed *	28 Crunch Bar - WG Variety Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	29 Cereal WG Goldfish Grahams WG (19) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	30 Mini Cini -(Cold)WG (40) Apple Slices 1pkg 1/2c (7) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	31 Muffin 2g-WG (31) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)

Carb Counts
 included in
 parenthesis ()
 for each item

* Carb counts are estimated based on nutrition labels from the manufacturer and USDA data

Milk Carbs:
 Fat Free White Milk 1/2 Pint (Purple)(12)
 Fat Free Chocolate Milk 1/2 Pint (Brown)(23)

Halal Meals:
 The main entrée is also served Halal. For menus that do not have a halal equivalent there will be a different Halal entrée'.

*(V) indicates a vegetarian entree

This institution is an equal opportunity provider.