



EDIBLES REX
YOUR CATERING COMPANY

November 2023

West Village Academy Breakfast

Monday, October 23, 2023

11:05:18 AM

11204

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		1 Cereal WG Banana 1 ea (34) Goldfish Grahams WG (19) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	2 Oatmeal Round WG (38) Apple Slices 1pkg 1/2c (7) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	3 Muffin 2g-WG (31) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)
6 Bagels Mini, Strawberry WG (41) Applesauce Cup 4.5 oz (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	7 * Closed *	8 Cereal Bar WG (30) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	9 Waffle, Belgium WG Apple Slices 1pkg 1/2c (7) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	10 Benefit Breakfast Bar WG (48) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)
13 Cereal Bar WG (30) Applesauce Cup 4.5 oz (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	14 Crunch Bar - WG Variety Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	15 Cereal WG Banana 1 ea (34) Goldfish Grahams WG (19) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	16 Soft Filled Bread WG (41) Apple Slices 1pkg 1/2c (7) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	17 Muffin 2g-WG (31) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)
20 * Closed *	21 * Closed *	22 * Closed *	23 **Happy Thanksgiving**	24 * Closed *
27 Waffle, Belgium WG Applesauce Cup 4.5 oz (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	28 Crunch Bar - WG Variety Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	29 Cereal WG Banana 1 ea (34) Goldfish Grahams WG (19) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	30 Oatmeal Round WG (38) Apple Slices 1pkg 1/2c (7) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	

New: Carb Counts included in parenthesis () for each item

* Carb counts are estimated based on nutrition labels from the manufacturer and USDA data

Milk Choice Carbs:

Chocolate Fat Free (24)
White Fat Free (12)

Halal Meals:

The main entrée is also served Halal. For menus that do not have a halal equivalent there will be a different Halal entrée.

All meals include: Milk, fruits and vegetables, bread or bread equivalent, meat or meat equivalent

This institution is an equal opportunity provider.



EDIBLES REX
Your Catering Company

November 2023

West Village Academy Lunch

11:215

Monday, October 23, 2023

11:03:45 AM

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		<p>1 Grilled Cheese Sandwich (V) (37) Carrot Coins 1/2 c (9) Dill Pickle Spear IW (2) Goldfish Crackers WG (28) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) &</p>	<p>2 Buffalo Chicken Broche WG Dill Pickle Spear IW (2) Vegetable Juice 4oz (13) (13) Fresh Fruit (22) Goldfish Crackers WG (28) Milk Choice 8oz (13-20)</p>	<p>3 Cheese Pizza WG (V) (32) Rom. & Spinach Salad 1 c (11) Doritos Fun Size (10) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)</p>
<p>6 Breakfast Burrito WG ER (23) Vegetable Juice 4oz (13) (13) Grahams Minis WG (24) Fresh Fruit (22) Milk Choice 8oz (13-20)</p>	<p>7 * Closed *</p>	<p>8 Pasta WG/meatballs(4) & sauce Rom. & Spinach Salad 1 c (11) Apple Slices 1pkg 1/2c (7) Dinner Roll WG on the side (16) Milk Choice 8oz (13-20)</p>	<p>9 Italian Wrap WG Mafinara Cup 3 oz IW Dill Pickle Spear IW (2) Baked Tostitos WG (19) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)</p>	<p>10 Cheese Pizza WG (V) (32) Carrots 3/4 cup IW (12) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)</p>
<p>13 Grilled Cheese Sandwich (V) (37) Dill Pickle Spear IW (2) Vegetable Juice 4oz (13) (13) Fresh Fruit (22) Chef Treat WG 1gr (12) Milk Choice 8oz (13-20)</p>	<p>14 Nachos 2.6 w/Shr Chez. (26) Mexican Style Beans 1/2 c (21) Salsa Cup 3oz IW (6) (4) Tortilla Chips (1.25B)WG (19) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)</p>	<p>15 Turkey & Gravy 4 oz (3) Brown Rice WG 1/2 c Vegetable Juice 4oz (13) (13) Fresh Fruit (22) Milk Choice 8oz (13-20)</p>	<p>16 Chicken Patty w/Chz WG bun (42) Diced Potatoes 3/4 c (24) Dill Pickle Chlps(10) 1/2c Fresh Fruit (22) Chef Treat WG 1gr (12) Milk Choice 8oz (13-20)</p>	<p>17 Cheese Pizza WG (V) (32) Rom. & Spinach Salad 1 c (11) Strawberry Cup Chilled 4oz Juice 100%- 4oz (15) Milk Choice 8oz (13-20)</p>
<p>20 * Closed *</p>	<p>21 * Closed *</p>	<p>22 * Closed *</p>	<p>23 **"Happy Thanksgiving"</p>	<p>24 * Closed *</p>
<p>27 Hot Dog on WG Bun (20) Baked Beans 1/2 c (22) Vegetable Juice 4oz (13) (13) Orange (21) Milk Choice 8oz (13-20)</p>	<p>28 Meat Ball Sub (4)(24) Green Beans 1/2 c (5) Vegetable Juice 4oz (13) (13) Fresh Fruit (22) Milk Choice 8oz (13-20)</p>	<p>29 Chicken Tenders (14)(2) Potato Wedge 3/4 c w/ketchup (25) Betty Crocker Oat Bar WG (23) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)</p>	<p>30 Chef Salad w/chicken & Chz Potato Salad 3/4 c (24) Chilled Fruit 1/2 c Dinner Roll WG on the side (16) Milk Choice 8oz (13-20) ^</p>	

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