



WVA Athletics This Week: (5/1/23-5/6/23)

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|-----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|
| Monday: 5/1/23 | Track & Field Practice (K-8) | 3:30- 5:30 pm |
| Tuesday: 5/2/23 | Soccer Practice (K-8) | 3:30- 5:30 pm |
| Wednesday: 5/3/23 | Track & Practice (K-8) | 3:30- 5:30 pm |
| Thursday: 5/4/23 | Soccer Practice (K-8) | 3:30- 5:30 pm |
| Friday: 5/5/23 | Track & Field Practice (K-8) | 3:30- 5:30 pm |
| Saturday: 5/6/23 | Track & Field Meet # 1 @ Northwestern HS 2 nd Grade & Under Soccer Game: Location TBD 4 th Grade & Under Soccer Game: Location TBD 6 th Grade & Under Soccer Game: Location TBD 8 th Grade & Under Soccer Game: Location TBD | 2:00 pm- 5:00 pm Time: TBD Time: TBD Time: TBD Time: TBD |

**IMPORTANT
REMINDER**

Track & Field: Pay to Participate Fee Due Now! Rosters Lock 5/2/23.

Soccer: Rosters are locked. If you have not completed the ENTIRE registration process as discussed in the parent meeting your student will be dropped!



Supported by

2023 SCHOOL LEAGUE TRACK SCHEDULE

| Meet | Date | Time | Location |
|--------------|--------------|---------|--------------|
| Meet #1 | May 6, 2023 | 2:00 PM | Northwestern |
| Meet #2 | May 13, 2023 | 2:00 PM | Northwestern |
| Meet #3 | May 27, 2023 | 2:00 PM | TBA |
| Championship | June 4, 2023 | 9:00 AM | TBA |

Athlete Cost: \$5/Athlete per meet paid @ the gate for the dual meet series and championship

Northwestern H.S. 2200 W. Grand Blvd, Detroit, MI 48208

PLEASE NOTE: GATES OPEN 1 HOUR BEFORE SCHEDULED MEET TIME

*****SPECTATOR COST \$3.00/Adult \$2.00/Kids (not running)**

Field Event begins @ 2:00 p.m. (Open Pit until 3:30pm)

Running Events begin @ 3:00p.m.

Week 1&3

100m

or

Week 2

200m

None

or

400

800 run

or

4 x 800 run

1600 run

or

3200 run

4 x 400

or

4 x 100

LJ (If available)

Shot Put (if available)